
PERMANENT MAKEUP · VIENNA · PRIVATE STUDIO

Your Preparation *for* Permanent Makeup.

Permanent Make-up · Preparation & Aftercare

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TO MY CLIENTS

Welcome, *I'm glad you're here.*

Permanent makeup is more than a treatment —
it is a decision you make for yourself.

To ensure your result is as natural and precise as possible,
I kindly ask you to read this guide carefully.

Preparation is an essential part of the process.
The better your skin is prepared, the more beautiful
and long-lasting your result will be.

If you have any questions, I am always here for you.

Maria Bacani

Private PMU Atelier · Vienna

GENERAL GUIDELINES · ALL TREATMENTS

Before every *Treatment.*

Alcohol & Blood Thinners

48–24 hrs before: no alcohol, aspirin or ibuprofen.

No Active Skin Conditions

Herpes, eczema or open wounds in the treatment area are contraindications.

Sunburn & Self-Tanner

Skin must not be tanned or irritated. Remove self-tanner at least 2 weeks prior.

Pregnancy & Breastfeeding

No treatments during this period — without exception.

Retinoids / Retinol

Pause use in the treatment area at least 4 weeks prior.

Isotretinoin / Acne Medication

Wait at least 1–2 months after stopping. Please inform me in advance.

Illness & Fever on Treatment Day

If you feel unwell or have a fever — please contact me immediately.

We will reschedule together. Your health is the absolute priority.

PREPARATION · TREATMENT

01

Lip *Blush*

A soft, natural-looking tint that enhances your lip colour.

7 DAYS BEFORE

- Moisturise lips daily (e.g. Bepanthen or Laneige Lip Mask)
- No fillers / hyaluron — at least 4 weeks pause before treatment
- No peels or laser treatments on the lip area

48 HOURS BEFORE

- No alcohol, no blood thinners (aspirin, ibuprofen)
- Continue daily lip care — the softer the skin, the better

ON THE DAY OF TREATMENT

- Eat a light meal — please do not arrive on an empty stomach
- Lips free of makeup and clean
- Session duration: approx. 1 – 1.5 hours

If prone to cold sores:

Please inform me in advance.

A consultation with your doctor is recommended.

After your treatment, you will receive from me:

All care products and aftercare instructions — printed or as a PDF on my website.

PREPARATION · TREATMENT

02

Powder *Brows*

A soft, powdery finish — defined brows without the daily effort.

4 WEEKS BEFORE

- No botox or fillers in the forehead / brow area
 - No microblading / microshading — skin must be fully healed
 - No peels or laser treatments in the area
-

1 WEEK BEFORE

- No brow tinting or lamination
 - No waxing or threading in the brow area
 - Pause retinoids and retinol in the area
 - Remove all self-tanner completely
-

48 HOURS BEFORE

- No alcohol, no blood thinners
-

ON THE DAY OF TREATMENT

- Brows natural — no makeup, no tint
 - Eat a light meal before your appointment
 - Session duration: approx. 1 – 1.5 hours
-

PREPARATION · TREATMENT

03 — 04

Smoke Liner & *Wimpernkranzlinie*

Precise lines that define the eye — natural and long-lasting.

2 – 4 WEEKS BEFORE

- Lash extensions must be completely removed
 - No lash lifting or tinting
 - No laser or peel treatments around the eye area
-

48 HOURS BEFORE

- No eye drops (unless prescribed by a doctor)
 - No alcohol, no blood thinners
 - Remove all eye makeup completely
-

ON THE DAY OF TREATMENT

- Eyes completely free of makeup
 - Leave contact lenses at home — please bring glasses
 - Lashline enhancement: approx. 1 hr · Smoke Liner: approx. 1 – 1.5 hrs
-

After your treatment, you will receive from me:

All care products and aftercare instructions — printed or as a PDF on my website.

FREQUENTLY ASKED QUESTIONS

Your questions, *answered.*

Does the treatment hurt?

We use topical numbing cream. Most clients find the experience very comfortable.

How long does permanent makeup last?

Depending on skin type and care, 1–3 years.
The touch-up session intensifies the result.

What is the touch-up session?

4–8 weeks after the initial treatment — a fixed part of every booking.
Please make sure to attend.

When will I see the final result?

After full healing in 4–6 weeks.
Immediately after, colour appears more intense — this is completely normal.

Exercise, sauna or sun after treatment?

Avoid for 7–10 days: exercise, swimming pool, sauna
and direct sunlight on the treated area.

Cancellation Policy

Cancellations without a medical certificate within 24 hours
will be charged the full treatment fee.
Full terms available in our Terms & Conditions.

FOR YOUR SAFETY · PLEASE READ CAREFULLY

Absolute *Contraindications.*

Permanent makeup cannot be performed in the following cases.

Please inform me before booking.

Pregnancy & Breastfeeding

No treatment — without exception.

Epilepsy

Not possible even when medically controlled.

Bleeding Disorders

Haemophilia and similar conditions.

Autoimmune Conditions

Lupus, psoriasis, vitiligo in the area.

Diabetes (uncontrolled)

Increased infection risk due to poor healing.

HIV / Hepatitis (active)

For infection control reasons.

Pacemaker

The device may interfere with the machine.

Active Cancer / Chemotherapy

Immune system too weakened for safe healing.

Isotretinoin Use

During use + at least 1–2 months after stopping.

Blood Thinners

Increased bleeding risk — always disclose.

Active Skin Conditions

Eczema, open wounds, active cold sores.

Recent Laser Treatments

At least 4–6 weeks gap required.

Pigment Allergies

Patch test is mandatory.

Keloid Tendency

Keloid scarring makes healing unpredictable.

This list is not exhaustive. When in doubt, please consult your doctor before booking.

Every session begins
with intention.

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